The Preschool Post

a Faith Community Preschool Publication

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November News

November already?! Time flies! We've got lots of fun planned this month — keep reading to stay up-to-date.

Pictures, including a class pic, will be taken Thursday & Friday, November 5 & 6. Please dress your child in Fall-inspired outfits: warm colors, blouses, dresses, button-ups or anything that feels "them." Photos may be taken outside if weather permits.

All of us at Faith Community Preschool wish you and your family a safe and Happy Thanksgiving!

Reminders

- Please be sure to clean out your child's folders! There are times that we distribute important information, and your child loves to share their creations and work with you!!
- With the changing weather, your child's "just in case" clothes may need to be updated for cooler temps.

Sick or Sleepy Sibs?

If you have a sick or sleeping sibling in your car, we are happy to bring your preschooler in for arrival and out for dismissal. Just call or message us.

Admin vs. Regular Messaging

Please note that when sending messages on brightwheel, Admin messages do not go to your child's teacher. Please only use this type of message when you want only Mrs. Williams to receive it.

VIP DAY!!!

We can't wait to welcome your child along with their VIP's!!!

Saturday, November 7
Honey Bear and Busy Bee classes ~ 9:30-10:30
Dino-Four, Puppy Pal, and Froggy Pal classes ~ 11:00-12:00

Our day will start in the CLC/Gym with prayer and intros. The remainder of our time will be "open-house style".

Classroom ~ Project
CLC/Gym ~ Games
Community Room ~ Snacks

FAITH family FOOTBALL

Important Dates

November Calendar

November 3
No School—Election Day

November 5 & 6
Fall School Pictures

November 7
VIP Day

November 12 & 13
Fire Department Visits*

November 19 & 20
Faith JAM*

November 23-27
No School
Thanksgiving Break

Coming in December!

December 10 & 11
Faith JAM*

December 15 & 16
Christmas Parties

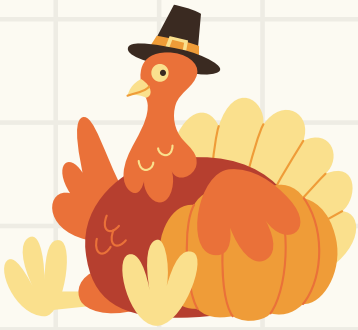
December 17 & 18
Pajama & Movie Days

December 21-Jan 4
No School
Christmas Break

*Wear your class shirt!

November Faith JAM

Thursday & Friday
November 19 & 20
@11:15
Community Room



11/15 — Mrs. Oldfield
Honey Bear Assistant

11/20 — Mrs. Fehr
Puppy Pals Assistant

Life Skills by Age

Ages 2-3

- ☐ Put toys away
- ☐ Get dressed (with assistance)
- ☐ Put dirty clothes in the hamper
- ☐ Participate in setting the table
- ☐ Use a fork, spoon, and butter knife
- ☐ Carry plate to the sink after meals
- ☐ Brush teeth and wash face (with assistance)
- ☐ Wipe up spills (with assistance)
- ☐ _____
- ☐ _____

Ages 4-5

- ☐ Perform simple cleaning tasks (dusting easy-to-reach places, wiping fronts of lower cabinets, etc.)
- ☐ Participate in basic laundry tasks (sorting clothes, matching and folding socks, etc.)
- ☐ Select own clothing and get dressed
- ☐ Brush teeth, wash face, and comb hair (with minimal assistance)
- ☐ Make the bed
- ☐ Feed and water pets
- ☐ State full name, address, and phone number
- ☐ Make an emergency call
- ☐ Perform basic swimming skills
- ☐ _____
- ☐ _____

Ages 6-7

- ☐ Make bed without assistance
- ☐ Fold and put away clothes
- ☐ Bathe without supervision
- ☐ Tidy up the bathroom after using it
- ☐ Safely use basic household cleaners
- ☐ Help with putting away groceries
- ☐ Mix, stir, and safely use a knife to slice foods
- ☐ Make a basic meal (a sandwich, scrambled eggs, etc.)
- ☐ Serve food
- ☐ Wash and put away the dishes
- ☐ Identify monetary denominations and understand how money is used
- ☐ _____
- ☐ _____

Ages 8-9

- ☐ See to personal hygiene tasks without being reminded by an adult
- ☐ Clean and trim nails
- ☐ Use a broom, mop, and vacuum properly
- ☐ Perform simple sewing tasks
- ☐ Help create a grocery list
- ☐ Read a recipe and use it to prepare a simple dish
- ☐ Order food in a restaurant
- ☐ Take written phone messages
- ☐ Help with simple yard care duties (watering, weeding gardens, etc.)
- ☐ Set an alarm clock and get out of bed on time
- ☐ Count back money and make change
- ☐ Decide whether to give, save, or spend money (with some assistance)
- ☐ _____
- ☐ _____

Ages 10-12

- ☐ Use the clothes washer and dryer
- ☐ Iron clothes
- ☐ Change bed sheets
- ☐ Plan and prepare a meal with a few ingredients
- ☐ Read labels on foods, cleaners, medications, and other products (with some assistance)
- ☐ Use basic hand tools
- ☐ Mow the lawn
- ☐ Stay home alone
- ☐ _____
- ☐ _____

Ages 13-15

- ☐ Plan and prepare a meal with several ingredients
- ☐ Use the oven to broil or bake foods
- ☐ Complete somewhat sophisticated cleaning and maintenance tasks (changing light bulbs, cleaning the oven, etc.)
- ☐ Look after younger siblings or neighbors
- ☐ Perform CPR and basic first aid
- ☐ Make purchases at the store
- ☐ Compare prices
- ☐ Tip appropriately
- ☐ Understand banking concepts (the difference between a checking and savings account, how interest works, etc.)
- ☐ Use a planner for time management
- ☐ Set goals and develop a plan for achieving them
- ☐ _____
- ☐ _____

Ages 16-18

- ☐ Menu plan and prepare a wide variety of meals
- ☐ Perform sophisticated cleaning and maintenance tasks (unclogging drains, removing debris from gutters, etc.)
- ☐ Perform basic car care (fill up with gas, change and add air to tire, etc.)
- ☐ Schedule oil changes and other car maintenance tasks
- ☐ Use a cab service
- ☐ Read and understand medicine labels and dosages
- ☐ Make regular doctor and dentist appointments
- ☐ Fill out a job application and create a resume
- ☐ Interview for and get a job
- ☐ Understand the basics of insurance (car, renters, health, etc.)
- ☐ Understand a wide variety of financial matters (how to balance a checkbook, how to pay bills, etc.)
- ☐ Read and understand basic contracts (apartment leases, utility agreements, etc.)
- ☐ Use reliable sources to check the veracity of information gleaned from the news, blogs, and social media
- ☐ _____
- ☐ _____

Each child is unique, so the ages listed should only be used as a guide. Some children may be ready to learn certain life skills at younger ages, while others may not be ready to learn these until they are a bit older. Use your discretion.

Sources: Shannon Coleman, Family Education (https://www.familyeducation.com/life/individuality/i-did-it-all-myself-age-age-guide-teaching-your-child-life-skills-0), and Focus on the Family (http://www.focusonthefamily.com/parenting/teens/life-skills/life-skills-checklist).